



TU NEWSLETTER / PĀNUI o TU

SEPTEMBER 2026 / MAHURU 2026
ISSUE: 2026-07

Kia ora koutou,

September / Mahuru has been a month of varied activity and growth here at TU. The unsettled change with the Spring weather bringing a hats-on-hats-off dance, and a more creative month for our service members!

With outdoor outings when the sun decided to shine for more adventures and fun! Along with celebrating Te Wiki o te Reo Māori week. Here are the highlights for the month we'd like to share with you...



Halloween Art & Crafts with Helen – Ngā Mahi Toi me ngā Mahi Rima o Halloween

Every Tuesday afternoon our Volunteer Helen comes in to work with our Art Group, made up of service members interested in creating art and crafts.

Helen introduces different techniques using different materials for service members to try and express their creativity.

This month, Helen has tapped into the group's interests where they have been exploring Halloween themed craft!



Back on the water with Sailability – Kua hoki ki runga i te wai!

Sailability at the Petone Marina has started back up again! Participants are developing new sailing skills and increasing their confidence through hands-on learning and experience.

They also shared that they enjoy the peaceful and calming environment that sailing provides, which contributes positively to their overall wellbeing and enjoyment of the activity. They were seal spotting last week!





Community Participation – Whai Wāhitanga ā-Hapori

At Thumbs Up, we actively create opportunities for service members to build meaningful social connections, both within our programmes and throughout the wider community.

Through shared activities, community participation, and group experiences, service members are developing strong friendships and supportive relationships with one another.



MITRE 10 MEGA



Volunteers Needed – E rapu ana mātou i ngā tūao: Sausage Sizzle Fundraiser – BBQ kohi putea hotiti!

On **Sunday 1st November 2026** we have managed to book in at our local **Mitre 10 Mega in Petone**, to hold a fundraising sausage sizzle from **8:00am until 4:00pm**.

We are looking for volunteers to help run this event along with our Board Members. If you can spare an hour or two to help, we want to hear from you! The more hands the less shifts required!

Please contact trustees@thumbsuptrust.org.nz.

Z Energy Good in the Hood 2026 – Z Energy He Tangata He Oranga

Thank you to everyone that voted for us in this year's Good in the Hood campaign and to **Z Pito One** for selecting us to have a voting box at their station.

We will be receiving **\$500.00** from all your supportive votes, which will go towards the purchase of the new TU wheelchair van! Enabling our service members to continue their work and activities in the wider community! A great effort everyone – Ka rawe!

**Little token.
Big impact.**



IMPORTANT DATES FOR 2026/27

Term 3 2026: 7th Sept—17th Dec

14 – 20 Sept: Te Wiki o te Reo Māori

Closed: 26th Oct: Labour Day

1st Nov: Mitre 10 Petone, Sausage Sizzle Fundraiser

17th Dec : Christmas Party & Last day for Service Users

23rd Dec: Last day for Staff

Closed for Christmas/New Year Holidays:

24th Dec 2026— 11 Jan 2027

Term 1 2027: 11th Jan— 30 Apr

6th Jan: First day for Staff Only

11th Jan: First day of Term for Service Users

Closed: 25th Jan: Wellington Anniversary Day

Closed: 8th Feb: Waitangi Day observed Monday

Closed: 26th & 29th Mar: Good Friday & Easter Monday

Closed: 26th Apr: ANZAC Day observed Monday

30th Apr: Last day of Term



FIRST TUESDAY OF EACH MONTH, 11 - 1

Tiaki Room, Wesley Rōtā Village, 249 Rōtā St

NAENAE KOHA CAFE

share kai, kōrero and community

Pay what you can.
Your koha could be bringing food or helping out!

HOSTED BY HUTT Timebank



TU ACKNOWLEDGEMENTS:

Ngā mihi nui ki a koe

New Zealand Community Trust (NZCT) for their community grant funding to cover the fees for all TU Staff to participate in their First Aid Refresher Course.

Upper Hutt City Council for their community grant funding to contribute towards our TU Music Therapy programme costs.

Hutt City Council for their Mouri Ora grant funding to contribute towards our ongoing TU operational costs.

To all the *wonderful give-a-little page donors*. Your generosity continues to create new opportunities!

To *Hutt Timebank* and the *Koha Cafés* for their ongoing support in creating meaningful volunteer roles for our members within the community. Giving them purpose and fostering connections.

To all *our fantastic Volunteers* for offering their time and talents to deliver our diverse and wonderful TU tailored programmes. We appreciate your ongoing support and being a part of our TU community!

Contact us:

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NEXT ISSUE TO BE SENT OUT: First week of November 2026

