

WHAT'S UP AT THUMBS UP?

News Flash from Thumbs Up!

Issue 23

March 2016



Thumbs Up Summer Camp

Earlier this month Thumbs Up headed out for an adventure filled camp at El Rancho in Waikanae. We had a great time and were able to get involved in fun activities like orienteering and rafting down the river. There were a few brave ones who went down the big water slide and all of us had a turn on the trampolines and played some games of mini golf. The camp was another fantastic experience for everyone involved and was the Adventurous Journey for Daniel's Silver and Abi's Bronze Duke of Edinburgh Award.



Brookfield Adventure Day

At the end of November we headed back over to Wainuiomata to have a fun-filled day at Brookfield Scout Camp. Ignite Sport organised an awesome day for us all, starting with indoor soccer and team games and then heading out into the bush for an assault course. After a BBQ lunch we all enjoyed a ride on the flying fox.

The Ice Skating Rink

This was set up at the Dowse in Lower Hutt by the HCC. A team of us went down to have some fun on the ice. Our people in wheelchairs were able to experience the fun with staff pushing them on the ice. There were dolphins for those not ready to stand alone in skates. We were amongst 50 primary school students and there were amazingly not too many crashes!



Thumbs Up knows how to party!

Halloween Party

We had a fun afternoon on 31st October with our Halloween celebrations. Everyone got dressed up and we sung some spooky songs with JP. We played a few games and finished off with an exciting Halloween treasure hunt.



End of Year Disco

In early December we held another disco evening. It was a great night dancing along to the music provided by our very own DJ. Everyone dressed up in a Christmas theme and we celebrated another year down with yummy food and fantastic company. Thanks to everyone who helped make the evening a success. We will definitely do it again!



Christmas Party

We celebrated our last day of 2015 with a Christmas party and a show. We invited friends and families of Thumbs Up to come and watch our Drama group perform a classic western play. You guys did an awesome job!



Thumbs Up At A Glance



Jessica completing the course at the Brookfield Scout Camp Adventure Day



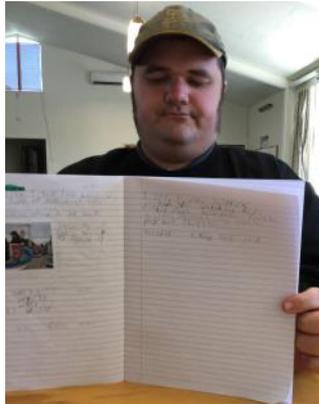
Lunch stop at Kaitoke Regional Park day out in January



Brian sharing his writing in literacy group



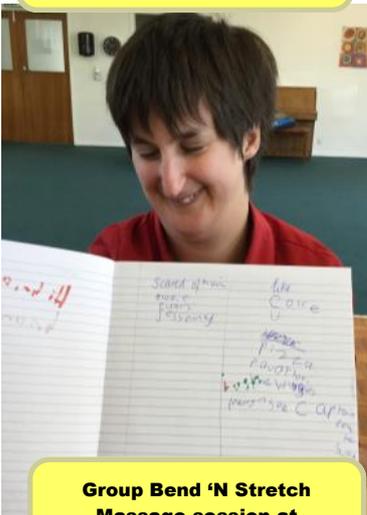
Melissa training for the micro triability



Sacha & JP rock out at Kimi Ora school for community music



Merryn shares her list of favourite things in Shannon's literacy group



Abi, Lois & Merryn crossing the finish line at the Micro Triability event this month

Welcome To : Bradley



Brookfield Scout Camp Adventure Day— Group Photo



And Geoffrey our new Finance Officer

Group Bend 'N Stretch Massage session at Thumbs Up



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MAJOR SUPPORTER

Thank You

We would like to thank the **Petone Senior Citizens** for their ongoing support since we started and we were sad to hear that they are not meeting in our hall anymore. They donated \$400 towards our Staff for their hard work and hereby funded our Staff Xmas function. We wish them all the best and remember Ladies, the doors are always open for a visit!



Jenny visiting TU (with a home baked cake!) and Abi showing her the story she just wrote on the I-pad!

Supporters of Thumbs Up 2015/2016 Grants and Donations

Pelorus Trust
Upper Hutt City Council
Infinity Foundation
Petone Working Men's Club
Rehabilitation Welfare Trust
Hutt Mana Trust
Molly Vance
Hutt City Council
TG Macarthy Trust
Winton and Margaret Bear
Naureen Colgate, family and friends
Penrose Trust

Ongoing Service Support

Jo Young Petone Physiotherapy
DLA Phillips Fox
Vertia Print
Avenue Service Station
PC Patch
Fine Signs
Stevens Motors

Volunteers

Kelly Wilson - Boot Camp Facilitator
Trevor Lacey - Handyman
Ching Sen - Volunteer
William & Ilisha - Weltec students

Thank you for donations received Sept-April

A big thank you to **Upper Hutt City Council** for \$1000 towards the Program Support Coordinator, who creates all the Individualised Personal Plans.

Thank you to **Infinity Foundation** for \$9700 towards painting the inside of our hall, this has made a huge difference in the tidiness and feel of our place!

Penrose Trust donated \$3000 towards general expenses, thank you for supporting us doing our job.

We are grateful to **T G Macarthy** for the \$7500 towards our Music Therapist, you make our hearts sing!

Inclusive NZ for \$3659 for staff training and development, thank you for your support in keeping us upskilled.

A big thanks to **Hutt Mana** for \$4,800 towards our overnight stay in the Wellington Zoo in November, lions here we come!

We also received \$6768 from **Infinity Foundation** to continue our communication therapy with Shannon Hennig, thank you so much for broadening our horizons!